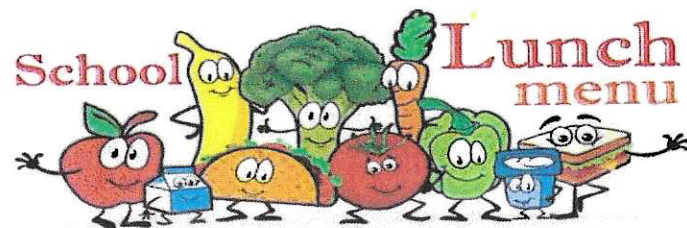


Bright Mind Preschool: May 2023

All meals are served with Water and 1% Milk
Substitution may be applied, as needed, without notice



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast-Cereal, Fresh Fruit AM Snack- String Cheese, Crackers Lunch- Beef Taco, Salad, PM Snack- Apple Slices, Crackers	2 Breakfast-Oatmeal, Fresh Fruit AM Snack- Cheese Itz Puffs Lunch- BBQ Sandwich, Broccoli, Fresh Fruit PM Snack- Choc. Chip Muffins	3 Breakfast- French Toast, Fresh Fruit AM Snack-Honey Oat Bar Lunch- Teriyaki Chicken, Rice, Corn, Fresh Fruit PM Snack – Trail Mix	4 Breakfast- Whole Wheat Toast, Fresh Fruit AM Snack- Yogurt, Fresh Fruit Lunch- Fish Sticks, Peas, Fresh Fruit, Whole Wheat Roll PM Snack-Grham Crackers	5 Breakfast- Cereal, Fresh Fruit AM Snack- Chewy Bar Lunch- Pizza w/ Cheese Topping, Salad, Fresh Fruit PM Snack- Orange Slices, Crackers
8 Breakfast-Cheerios, Fresh Fruit AM Snack- Cucumbers & Dried Fruit Lunch-Orange Chicken, Rice, Green Beans, Fresh Fruit PM Snack- Fruit Salad Crackers	9 Breakfast- Waffles, Fresh Fruit AM Snack- Carrots & Ranch Lunch- Grilled Cheese, Tomato Soup, Fresh Fruit PM Snack- Choc. Chip Muffins	10 Breakfast- Cereal, Fresh Fruit AM Snack- Mini Pretzels Lunch- Meatball Slider, Mixed Veggies, Fresh Fruit PM Snack- Orange Slices, Crackers	11 Breakfast-Bagel/Cream Cheese, Fresh Fruit AM Snack- Chewy Bar Lunch- Turkey & Cheese Sandwich, Chips, Broccoli, Fresh Fruit PM Snack- Apple Cinnamon Straws	12 Breakfast – Cereal, Fresh Fruit AM Snack- Chex Mix Lunch- Pizza w/Cheese Topping, Salad, Fresh Fruit PM Snack- Fruit Salad, Crackers
15 Breakfast-Cereal, Fresh Fruit AM Snack- Blueberry Muffins Lunch-Chicken Patty/Bun, Peas, Fresh Fruit PM Snack- Pirate Booties	16 Breakfast-Oatmeal, Fresh Fruit AM Snack- Apple Cinnamon Bar Lunch- Ham & Cheese Roll up, Salad, Fresh Fruit PM Snack- Trial Mix	17 Breakfast-Bagel, Cream Cheese, Fresh Fruit AM Snack- Fruit Salad, Crackers Lunch-Chicken Alfredo, Mixed Veggies. Fresh Fruit PM Snack-Veggie Straws	18 Breakfast-Pancakes, Fresh Fruit AM Snack- Pretzel Sticks Lunch- Corn Dog, Green Beans, Fresh Fruit PM Snack- Apple Slice, Cheese Cubes	19 Breakfast- Cereal, Fresh Fruit AM Snack- Nutrigrain Bar Lunch- Pizza, Salad, Fresh Fruit PM Snack-Dried Fruit, Crackers
22 Breakfast- Cereal, Fresh Fruit AM Snack- Yogurt/Granola Lunch- Chicken Nuggets, Corn, Fresh Fruit Whole Wheat Roll PM Snack- Graham Crackers	23 Breakfast- Sausage & Eggs, Fresh Fruit AM Snack-Chewy Bar Lunch- Chicken Pot Pie, Fresh Fruit PM Snack-Orange Slices, Crackers	24 Breakfast- Cereal, Fresh Fruit AM Snack- String Cheese, Crackers Lunch- Beef Sliders, French Fries, Peas, Fresh Fruit PM Snack-Applesauce, Crackers	25 Breakfast-English Muffin, Fresh Fruit AM Snack- Go-Gurt, Crackers Lunch- Chicken Fried Rice / Veggies, Fresh Fruit PM Snack-Cheese Its	26 Breakfast- Cereal, Fresh Fruit AM Snack- Animal Crackers Lunch- Pizza w/Cheese Topping, Salad, Fresh Fruit PM Snack- Fruit Salad, Crackers
29 CLOSED	30 Breakfast- Cereal, Fresh Fruit AM Snack- Danimal Smoothie, Crackers Lunch- Hot Dog/Bun, Peas, Fresh Fruit PM Snack- Trail Mix	31 Breakfast- Wheat Toast, Fresh Fruit AM Snack- Honey Oat Bar Lunch- Mac& Cheese, Broccoli, Fresh Fruit PM Snack- Chex Mix		